

Terraceview Lodge

DementiAbility Update

2020 ANNUAL REPORT

YEARLY REVIEW – 2020

We are excited to share some of the fabulous work that has been happening at Terraceview Lodge over the past year.

There is no denying that 2020 was a difficult year, but we have been amazed and incredibly thankful for the caring and generous community that we are a part of. Various projects have been completed and we want to acknowledge those that have partnered with us to help make Terraceview Lodge feel like HOME for our seniors.

At TVL, we have embraced the DementiAbility Methods, which are a multi-disciplinary person-centered approach to dementia care. DementiAbility™ focuses on creating environments that support the needs, interests, skills, and abilities of individuals with dementia and other forms of cognitive impairment. The focus is on ABILITY instead of disability and the goal is to enhance function and enrich life by engaging people in a world with meaning and purpose in a prepared environment.

Many of our projects in the past year have focused on creating environments that feel familiar and homelike for our residents.

NORTHERN HEALTH LTC PHILOSOPHY OF CARE

“Long term care homes are an integral part of the community where people can live, work, and play.

We work together to provide person and family centered care with a focus on individual abilities that nurture a sense of purpose, belonging, and companionship.

Each person’s unique qualities are embraced and valued; choices are recognized and respected.

Together, we will foster a life rich in purpose.”



northern health
the northern way of caring

2020 - 2021 PROJECT HIGHLIGHTS

1. “Wrap a Door for Christmas” campaign

This campaign was such a huge success. The community of Terrace was so supportive, and we were thrilled to have all 72 doors funded.

The smiles on the faces of our seniors says it all!

Thank you to [Dr. R.E.M Lee Hospital Foundation](#) and all the generous donors who helped make this dream a reality.



Before



After



2. Copper Living Room Furniture Purchased

New height adjustable tables in the living room provide space for activities and can be used at mealtimes to decrease congestion in the dining room. Comfortable padded armchairs are arranged around the tables to encourage residents to sit and visit with each other and engage in activities that have been laid out for them.

Thank you to the [Mills Memorial Hospital Auxiliary](#) for their generous donation to purchase the furniture for the Copper Living Room.



Before

After

3. Copper Entrance Refreshed

Thanks to our maintenance staff the entrance to the Copper Community got a well-deserved facelift and new welcome sign creating a stronger feeling of community.



Before

After

4. New paint colours for our Copper Community – Painting in Progress

The Copper Community has limited natural light and the paint colour has a significant impact on the overall atmosphere. The new colour has brightened the hallways and staff and residents have commented that the space feels more welcoming.



Proposed Colours

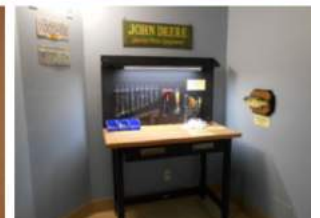


Painting in progress

5. Room 17 – “The Shop”

We are excited to open up “The Shop” to residents on Copper over the next couple of months. Worktables with tools and a small office space are available for residents to work on projects and interact with items that may be familiar to them.

A special thank you goes out to the [Mills Memorial Hospital Auxiliary](#) for their generous donation that was used to purchase work benches, tools, and office supplies.



Before

After

6. Interactive Flower Mural for Copper Community

This beautiful mural, purchased with money from a generous private donor, will be installed when the painting on Copper Community is completed. Residents can “pick” the flowers as they walk past, and then “plant” them in the flower box. Provides purposeful activity and sensory stimulation.



Interactive Flower mural

7. Exit Diversion for Copper Dining Room – On Order

The door in the upper left corner is our current exit door in the Copper dining room. Creative Arts Co. created the pantry cupboard wrap based on inspiration photos we provided. They suggested the addition of “window” wraps to further brighten the space and give the impression of a homey kitchen area.

We are excited to turn a door that can contribute to anxiety and exit seeking into a familiar piece of furniture that can promote reminiscence and a sense of home.



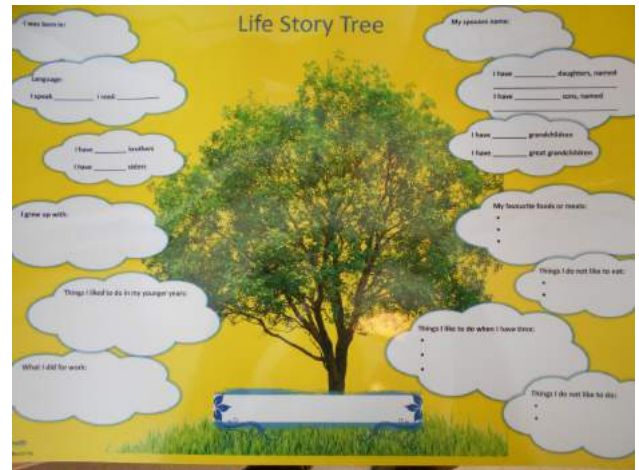
8. Exit Diversion completion on Cedar

A new exit door diversion was completed in Cedar that will ensure better safety for residents.



LIFE STORY TREE

Help us get to know your Loved One...
We are completing "Life Story Trees" for each resident. Please ask for a Life Story form at the front desk, if you do not see a Life Story Tree in your loved one's room.



THEN AND NOW

Then and Now posters are a great wayfinding tool for our seniors. The 'THEN & NOW' pictures capture your loved one in younger years as well as displaying a more current photo. This can assist residents to find their room, as well as provide an opportunity for reminiscing. Please ask for a Then and Now form at the front desk, if your loved one does not have a poster by their door.



****THANK YOU to all of the groups, businesses, community organizations and private donors who have supported us so generously this last year.**

We could not have done it without you!!**



northern health
the northern way of caring

www.northernhealth.ca